



## Related Training For Barbering/240 Hour Temporary Distance Education Online Course

BAKERSFIELD/ DOWNEY-2020-2021 Calendar

Cosmetica Cosmetology and Barbering Unilateral Apprenticeship Committee

9050 Telegraph Road #102A Downey California, 90240 (562) 862-1090

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**5 Hour credit per chapter**

**You are required to sign in into Cosmetica**

AUG. 4	THEME	AUG. 11	THEME	AUG. 18	THEME	AUG. 25	THEME	SEP 1	THEME	SEP 8	THEME	SEP 15	THEME	SEP 22	THEME
<b>Theory: Chap. 5</b>	Implements, Tools, And Equipment	<b>Theory: Chap. 6</b>	General Anatomy & Physiology	<b>Theory: Chap. 7</b>	Basics Of Chemistry	<b>Theory: Chap. 8</b>	Basics Of Electricity	<b>Theory: Chap. 9</b>	The Skin—Structure, Disorders, And Diseases	<b>Theory: Chap. 10</b>	Properties And Disorders Of Hair And Scalp	<b>Theory: Chap.11</b>	Treatment Of The Hair And Scalp	<b>Theory: Chap. 12</b>	Men’s Facial Massage And Treatments
<b>Pract. NIC: 3-4-5</b>	*Work Area And New Client Preparation, And Set Up of Supplies (2nd Client) *Shaving with Straight Razor *Blood Exposure	<b>Pract. NIC: 6</b>	*Chemical Waving	<b>Pract. NIC: 7-8</b>	*Predisposition Test and Strand Test with Simulated Product *Chemical Relaxer-Virgin Application	<b>Pract. NIC: 9-12-13</b>	*Hair Color-Retouch Application *Blow Dry Styling *Thermal Curling	<b>Pract. NIC: 1-2</b>	*Predisposition Test and Strand Test with Simulated Product. *Highlight with Foil, Virgin Application with Colored Simulated Product *Hair Color Retouch with Colored Simulated Product	<b>Pract. NIC: 3-4-5</b>	*Work Area And New Client Preparation, And Set Up of Supplies (2nd Client) *Shaving with Straight Razor *Blood Exposure	<b>Pract. NIC: 6</b>	*Chemical Waving	<b>Pract. NIC: 7-8</b>	*Predisposition Test and Strand Test with Simulated Product *Chemical Relaxer-Virgin Application
<b>BBC Theory Sec. 2:</b>	<b>Health &amp; Safety:</b> Chemicals and Your Health	<b>BBC Theory Sec. 3:</b>	<b>Health &amp; Safety:</b> Safety Data Sheets:What You Need to Know	<b>BBC Theory Sec. 4:</b>	<b>Health &amp; Safety:</b> Protecting Yourself From Hazardous Chemicals	<b>BBC Theory Sec. 5:</b>	<b>Health &amp; Safety:</b> Ergonomics: Fitting The Job To The Person	<b>BBC Theory Sec. 6:</b>	<b>Health &amp; Safety:</b> Communicable Diseases	<b>BBC Theory Sec. 7:</b>	<b>Health &amp; Safety:</b> Health and Safety Laws and Agencies	<b>BBC Theory Sec. 8:</b>	<b>Health &amp; Safety:</b> Solving Health and Safety Problems	<b>BBC Theory Sec. 9:</b>	<b>Health &amp; Safety:</b> Worker’s Rights
SEP 29	THEME	OCT 6	THEME	OCT 13	THEME	OCT 20	THEME	OCT 27	THEME	NOV 3	THEME	NOV 10	THEME	NOV 17	THEME
<b>Theory: Chap. 13</b>	Shaving And Facial-Hair Design	<b>Theory: Chap. 14</b>	Principles Of Hair Design	<b>Theory: Chap. 15</b>	Men’s Hair Replacement	<b>Theory Chap. 16</b>	Women’s Haircutting And Styling	<b>Theory: Chap. 17</b>	Chemical Texture Services	<b>Theory: Chap. 18</b>	Haircoloring And Lightening	<b>Theory: Chap. 19</b>	Preparing For Licensure And Employment	<b>Theory: Chap. 20</b>	Work Behind The Chair
<b>Pract. NIC: 9-12-13</b>	*Hair Color-Retouch Application *Blow Dry Styling *Thermal Curling	<b>Pract. NIC: 1-2</b>	*Predisposition Test and Strand Test with Simulated Product. *Highlight with Foil, Virgin Application with Colored Simulated Product *Hair Color Retouch with Colored Simulated Product	<b>Pract. NIC: 3-4-5</b>	*Work Area And New Client Preparation, And Set Up of Supplies(2nd Client) *Shaving with Straight Razor *Blood Exposure	<b>Pract. NIC: 6</b>	*Chemical Waving	<b>Pract. NIC: 7-8</b>	*Predisposition Test and Strand Test with Simulated Product *Chemical Relaxer-Virgin Application	<b>Pract. NIC: 9-12-13</b>	*Hair Color-Retouch Application *Blow Dry Styling *Thermal Curling	<b>Pract. NIC: 1-2</b>	*Work Area And Client Preparation, And Set Up Of Supplies (1st Client) *Haircutting	<b>Pract. NIC: 3-4-5</b>	*Work Area And New Client Preparation, And Set Up of Supplies (2nd Client) *Shaving with Straight Razor *Blood Exposure
<b>BBC Theory Sec. 1:</b>	<b>Health &amp; Safety:</b> The California Board of Barbering and Cosmetology	<b>BBC Theory Sec. 2:</b>	<b>Health &amp; Safety:</b> Chemicals and Your Health	<b>BBC Theory Sec. 3:</b>	<b>Health &amp; Safety:</b> Safety Data Sheets:What You Need to Know	<b>BBC Theory Sec. 4:</b>	<b>Health &amp; Safety:</b> Protecting Yourself From Hazardous Chemicals	<b>BBC Theory Sec. 5:</b>	<b>Health &amp; Safety:</b> Ergonomics: Fitting The Job To The Person	<b>BBC Theory Sec. 6:</b>	<b>Health &amp; Safety:</b> Communicable Diseases	<b>BBC Theory Sec. 7:</b>	<b>Health &amp; Safety:</b> Health and Safety Laws and Agencies	<b>BBC Theory Sec. 8:</b>	<b>Health &amp; Safety:</b> Solving Health and Safety Problems
NOV 24	THEME	DEC 1	THEME	DEC 8	THEME	DEC 15	THEME	<b>DECEMBER 21, 2020- JANUARY 1, 2021</b>							
<b>Theory: Chap. 21</b>	The Business Of Barbering	<b>Theory: Chap. 1</b>	The History of Barbering	<b>Theory Chap. 2</b>	Life Skills	<b>Theory: Chap. 3</b>	Professional Image	<b>**NO CLASSES PER OBSERVED HOLIDAYS**</b>							
<b>Pract. NIC: 6</b>	*Chemical Waving	<b>Pract. NIC: 7-8</b>	*Predisposition Test and Strand Test with Simulated Product *Chemical Relaxer-Virgin Application	<b>Pract. NIC: 9-12-13</b>	*Hair Color-Retouch Application *Blow Dry Styling *Thermal Curling	<b>Pract. NIC: 1-2</b>	*Work Area And Client Preparation, And Set Up Of Supplies (1st Client) *Haircutting								
<b>BBC Theory Sec. 9:</b>	<b>Health &amp; Safety:</b> Worker’s Rights	<b>BBC Theory Sec. 1:</b>	<b>Health &amp; Safety:</b> The California Board of Barbering and Cosmetology	<b>BBC Theory Sec. 2:</b>	<b>Health &amp; Safety:</b> Chemicals and Your Health	<b>BBC Theory Sec. 3:</b>	<b>Health &amp; Safety:</b> Safety Data Sheets:What You Need to Know								

### Additional Sources:

*Do not forget to download the Health and Safety Training Course Textbook and the Student Exam Booklet, free of charge at:*

- [https://www.barbercosmo.ca.gov/schools/heathsafety\\_course.shtml](https://www.barbercosmo.ca.gov/schools/heathsafety_course.shtml)
- For more information on the practical and written exams, go to: <https://www.barbercosmo.ca.gov>
  - “Applicants”, at the bottom select, “Examination Information”
  - NIC Webcasts
  - Under “Practical Examinations”, Select “Candidate Information Bulletin Barber